Memorial Hermann Health System
Disclosure to Participants

Approval Statement:

Memorial Hermann Health System is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Title of education activity:

The Missing Factor of Quality Outcomes: Managing Nutrition Risk - Recorded
November 1, 2022 – October 31, 2024 Houston, Texas

Requirements for Successful Completion:

Learning outcome:

The participant will be able to identify factors associated with the development of malnutrition, validated tools available for the early identification, treatment for identified patients, and resources that are useful to assist the healthcare provider as evidenced by the registered nurse stating intent to change practice as reflected on the post-activity evaluation tool.

Objectives:

- Describe current and anticipated burden of malnutrition, frailty, and food insecurity on the individual patient and healthcare.
- Differentiate between clinical presentation of malnutrition and/or frailty and expected age- or disease-related physiological changes when conducting risk screening.
- Identify federal and community-based collaborators in your geographic area.
- List at least two bedside interventions available in your practice to manage nutrition risk.

To receive contact hours for this nursing continuing professional development activity, the participant must:

- Attend the entire conference.
- Complete the evaluation at the end of the conference

Number of Contact Hours:

Once successful completion has been verified, a "Certificate of Successful Completion" will be awarded for 1.0 contact *hours.*

Relevant Financial Relationships (Conflicts of Interest):

The activity's Nurse Planner has determined that the following planning committee member(s) and/or presenter(s)/author(s)/content reviewer(s) have a relevant financial relationship. (List below, add as many as needed)

- Monica Gutierrez, MD (Person's name) — AbbVie, Merz, Ipsen (Name of Ineligible Company)
  Consultant (Nature of relationship)
- Monica Gutierrez, MD (Person's name) — Ipsen (Name of Ineligible Company)
  Research (Nature of relationship)
- Gabriela Gardner, AP-RDN (Person's name) — Takeda Pharmaceuticals (Name of Ineligible Company)
  Consulting and Speaker's Bureau (Nature of relationship)
- Gabriela Gardner, AP-RDN (Person's name) — Nestle Health Science (Name of Ineligible Company)
  Speaker (Nature of relationship)

All of the relevant financial relationships listed for these individuals have been mitigated.

Expiration Date for Awarding Contact Hours:

This activity expires October 31, 2024.