Memorial Hermann Health System Disclosure to Participants

Approval Statement:

Memorial Hermann Health System is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Title of education activity:

Advancing Clinical Practice in Spinal Cord Injury (2024) (Day 1) Saturday, January 20, 2024 TIRR Memorial Hermann, Houston, Texas

Requirements for Successful Completion: (must provide all requirements for successful completion)

Learning outcome:

The registered nurse will be able to describe evidence-based interventions and treatments for the patient following a spinal cord injury in order to improve the quality of care provided to patients served as evidenced by the registered nurse stating intent to change practice as reflected on the post-activity evaluation tool.

Objectives:

- Investigate five web-based resources available to assist people with spinal cord injury.
- Articulate three clinical interventions to optimize bed mobility, transfers, and ADLs for improved function in patients with spinal cord injury.
- Investigate three considerations for adjustment to spinal cord injury (SCI), SCI mental health, SCI and pain as related to their treatment interventions
- Practice with two airway clearance techniques and perform instruction for three self-assist cough techniques as demonstrated during instructor-guided lab.
- Examine the benefits of two specialized splint use for clients with a spinal cord injury/disease.
- Explain three advanced wheelchair skills needed for clients with spinal cord injury/disease.

To receive contact hours for this nursing continuing professional development activity, the participant must:

- Sign in
- Attend the entire meeting.
- Complete the evaluation

Number of Contact Hours:

Once successful completion has been verified, a "Certificate of Successful Completion" will be awarded for <u>7.5</u> contact hours.

Relevant Financial Relationships (Conflicts of Interest):

The activity's Nurse Planner has determined that no one who has the ability to control the content of this nursing continuing professional development activity – planning committee members and presenters/authors/content reviewers – has a relevant financial relationship(s).