

Memorial Hermann Health System Disclosure to Participants

Approval Statement: *(must provide the approval statement)*

Memorial Hermann Health System is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Title of education activity:

Advancing Clinical Practice in Spinal Cord Injury: Practical Insights for the Management of Neurogenic Bowel and Bladder after SCI TIRR Memorial Hermann – Houston, Texas

Requirements for Successful Completion:

Learning outcome:

The clinician will be able to describe evidence-based interventions and treatments for bowel and bladder, concerns for the patient following a spinal cord injury in order to improve the quality of care provided to patients as evidenced by the registered nurse stating intent to change practice as reflected on the post-activity evaluation tool.

Objectives:

- Describe the role of the physical therapist, occupational therapist, and nurse in patient performance of bowel and bladder management after SCI/D.
- Define and understand the pathophysiologic changes that occur with a neurogenic bowel and bladder.
- Compare upper & lower motor neuron bowel and bladder presentation.
- Identify expected outcomes for bowel and bladder management based off client characteristics and level of injury.
- Summarize the importance of, procedure for, and special considerations for an effective bowel program.
- Describe considerations for choosing the most appropriate bladder management option.
- Describe when to use a sterile vs. a clean technique for catheterization after SCI/D.
- Identify advantages/disadvantages of, and describe unique features of, common catheters systems available in the marketplace.
- Summarize modifications and describe adaptive skills training for neurogenic bowel and bladder management after SCI/D

To receive contact hours for this nursing continuing professional development activity, the participant must:

- Sign In
- Attend the entire course
- Complete the Evaluation

Number of Contact Hours: *(must provide number of contact hours after all requirements met)*

Once successful completion has been verified, a "Certificate of Successful Completion" will be awarded for 7.25 contact hours.

Relevant Financial Relationships (Conflicts of Interest):

The activity's Nurse Planner has determined that no one who has the ability to control the content of this nursing continuing professional development activity – planning committee members and presenters/authors/content reviewers – has a relevant financial relationship(s).